



Elementary Newsletter

January 2021



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Parents' Corner



As a parent, you know that your child's health is linked to their wellbeing.

Healthy lifestyle and wellbeing go hand in hand. When your child feels healthy and physically fit, then they can be mindful throughout their learning journey. Healthy bodies have healthy minds and their wellbeing can flourish. Feeling good about one's self and taking care of one's health are important self-esteem and self-image. So, maintain a healthy lifestyle by doing what is right for your body.

Healthy Lifestyle: What's it all about?

What are some of the factors that make up Healthy Lifestyle?

➤ Mental health affects the way people think, feel and act. Taking care of our mental health is just as important as having a healthy body. As a parent, you play an important role in your child's mental health. You can promote good mental health by the things you say and do, and through the environment you create at home.



Here are some ways you can nurture your child mental health:

- Show lots of love and acceptance.
- Praise them when they do well.
 Recognize their efforts as well as what they achieve.
- Ask questions about their activities and interests.
- Help them set realistic goals.
- Mindfulness: is paying attention to something. Your child can only be mindful if he/she is healthy and fit.

> Resilience:

Resilient students feel a sense of control over their own destinies. They know that they can reach out to others for support when needed, and they readily take initiative to solve problems.



ducating individuals ~ Changing Families ~ Growing Communities





Educational Tips - Best Digital Learning Platforms

Digital learning platforms deliver learning experiences that enable students to actively engage with educational content. Educators use digital learning platforms as part of their instruction to make learning more interesting and interactive for students and to offer lessons that can be personalized for each learner. Depending on the product, an instructor might have students use the software in the classroom as part of the day's lesson, or instruct students to use it at home for extra practice with the course content. A growing number of platforms incorporate adaptive learning functionality, in which the tool dynamically changes the lesson based on the individual student's performance.

> - **Ms. Huda Shahzad** English Teacher



GoReact is interactive video assessment software for skill development. With simple tools for collaborative learning and personalized feedback, it amplifies human connection. Learners use GoReact to record or stream presentations, performances, and demonstrations. Educators and peer reviewers then assess their work with customizable rubrics, markers, time-coded feedback, and more. The result is higher engagement and faster skill development (see also: more aha moments.

- Ms. Shireen El Khatib Classroom teacher



Accelerated Reader®

Renaissance Accelerated Reader is an independent reading practice program that helps K-12 students to become confident, lifelong readers. Supporting more than 200,000 fiction and nonfiction books and articles at a wide range of levels, Accelerated Reader gives students extensive choice in what they read—and keeps them engaged in independent reading practice as they work toward personalized goals. An article collection provides additional opportunities for daily nonfiction reading, while in-depth reporting supports regular teacher-student conversations about reading time, reading comprehension, and reading arowth.

> - Ms. Ola Saleh Classroom teacher





From Around the World



The goal is to impart the love of reading and stories at an impressionable age, igniting children's imaginations.

The stories have been chosen to help children aged 5 to 12 years explore exciting differences and shared values, broaden their world view, and gain a greater appreciation of their own heritage – as well as develop a love of reading. The collection demonstrates how Expo 2020 is providing a platform for every participating country to share the best of their cultures, while inspiring young minds and sparking curiosity for generations to come.

Unique illustrations from around the world like folk tales that have been passed down through time — tenderly shaped and crafted by generations of storytellers and word searches to number crunches, memory teasers, language lessons and intriguing "Did you know" nuggets. Little explorers can dive right in and absorb each story's rich cultural environment, while flexing their brain cells along the way.

Children's Tales From Around The World takes the form of a PDF document and is available for free download directly from the Expo School Program website.



Philippines



Italy



Brazil



Bahrain

Guinea





Math - The Math Lab





The Math Department is back this semester with the incredible inclass activities, interactive and students centered instruction

and ESTEAM projects. Students will also be doing a

mini-project inside the class to showcase their innovative ideas, exciting competitions and linking math to real world problems is also a great focus this semester.





ESTEAM envelopes Entrepreneurship, Science, Technology, Engineering, Arts and Math. It is the best way of cross-curricular integration. Students will participate in a new project this semester. The project also coincides with UAE Innovation Month in February, and thus the theme for the ESTEAM project will be Sustainability and Innovation. Student will be integrating their math skills while digitally designing sustainable cities of the future and incorporating innovations.

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The Science Lab







27-21 مَبرايـــــر 2 **2 0 2 1** 21-27 February



We are back to school this new semester and we have incredible inclass activities and amazing enrichment projects all lined up for our future scientists.

ESTEAM encompasses Entrepreneurship, Science, Technology, Engineering, Arts and Math. It is the best way to allow us to make connections between these subjects. Students will participate in a new project this semester. The project also coincides with UAF Innovation Month in February, and thus theme for the ESTEAM project will be Sustainability and Innovation. Student will be digitally designing sustainable and accessible classrooms of the future and incorporating innovations they create for the classroom. We can't wait to see what amazina classrooms our students would like to be in!

Continuing with the UAE Innovates Initiative, students will be participating in World Cancer Day on February 4. They will be preparing a short paragraph regarding various forms of Cancer. This is a great way to form real world connections and applications to important issues in our world. We look forward to seeing what our incredible students come up with!







The Science Lab

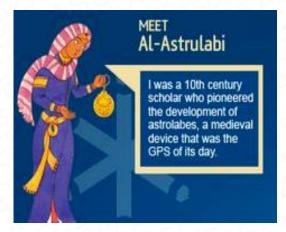


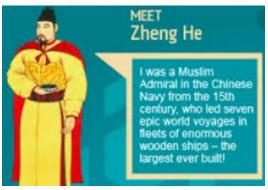
CALLING ALL INNOVATORS

Competitions give our students exposure to real world science applications, and also allows them to compete nationally and internationally with their great ideas. Competitions enrich our students minds and gives them the confidence to express their ideas to a global audience. Students will be participating in the Expo 2020 'Expo Champions' and 'Calling All Innovators' competitions. Watch this space for WINNERS...



Students will also be doing inclass mini-project activities to highlight all the great Muslim Scientists and Inventors, and creating novel and innovative solutions to real world problems.







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Art & Design

"Of all the arts, abstract painting is the most difficult. It demands that you know how to draw well, that you have a heightened sensitivity for composition and for colors, and that you be a true poet. This last is essential."







Kandinsky Art Concentric
Circles



Spooky tree Kandinsky inspired circle art.

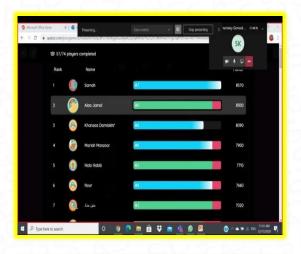




The Happiness Ambassadors

Congratulations, winners of Elementary staff quiz during the PD week!

Our happiness ambassadors are the support group who encourage an enjoyable environment around the school campus like the joy in having a qualitative conversation with a colleague, constant support in learning something new and an occasional competition, games, team building exercises like this to help re-energize and encourage effective teamwork.













Mark your Calendar

Feb 11: International Day of Women and Girls in Science

Feb 14-17: Random Acts of Kindness Week Feb 21: International Mother Language Day

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Character day by the English department. Date is to be announced soon.



Live Webinar "Meet the Principal's Team – Feb.1, 2021 from 04:00- 05:00 p.m.